



# The Lord's Supper

*Feed on Christ in your heart  
by faith with thanksgiving*

Matthew 26:26-30; Mark 14:22-26; Luke 22:7-23;  
1 Corinthians 10:14-22 and 11:17-34  
Hebrews 9:23-28 and Jeremiah 31:31-34

## ① **We look BACK**

to our salvation achieved by Christ on the cross

## ② **We look FORWARD**

to an assured future with Christ at the heavenly feast

## ③ **We look AROUND**

as we share with our brothers and sisters in Christ

## ④ **We look UP**

at Christ and feed on him in our hearts by faith